

EAST DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS
SATURDAY 10th OCTOBER 2009
PRESTONPANS (Meadowmill)

Referee	Ian Hislop
Clerk of Course	Henry Muchamore
Changeovers/Judges	Andy Law, Fred McCluskie
Timekeepers	Alan Carruthers, Bill Gentleman
Recorder (Time)	Ian Mann
Recorder (Places)	Neil Donachie, John Brash, Alan Smith
Starter	Barry Craighead
Declarations/Results	Peter Jackson, Phyllis Law Marjory Cook, Jen Jackson, Sheila Smart
Presentations	Ron Morrison
Announcer	Murdoch McGregor
Course Marshals	Haddington ELP, Musselburgh AC, Dunbar RC, Portobello RC
Convenor	Alex Jackson

Scottish Athletics thanks the following for their assistance in running to-days event

East Lothian Council
The Athletics Clubs of East Lothian & Portobello RC
Staff of Meadowmill Sports Centre
British Red Cross

RACE	START
Young Females	12.30pm
Young Male	1.05pm
Sen/Jun Females	1.40pm
Sen/Jun Males	2.40pm

NUMBERS
Men 1st Lap WHITE 2nd Lap WHITE 3rd Lap RED
4th Lap WHITE
All others races all laps white numbers

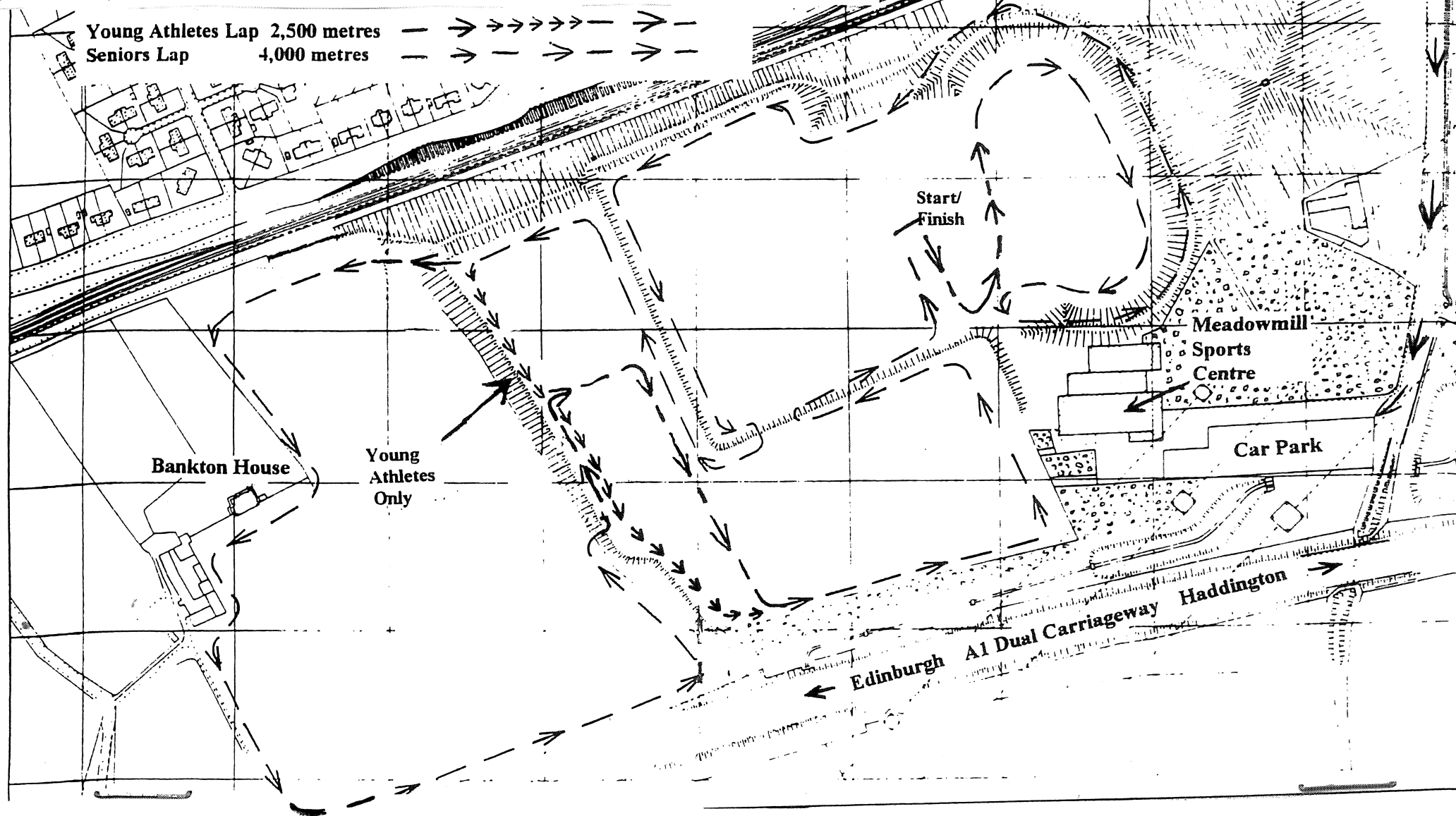
East District Cross Country Relays
Meadowmill Sports Centre, Prestonpans
Saturday 9th October 2010

scottishathletics 


East Lothian
 Council

Race	Declarations Close	Start
Young Females	12.00 noon	12.30 pm
Young Males	12.35 pm	1.05 pm
Sen/Jun Females (inc Masters)	1.10 pm	1.40 pm
Sen/Jun Males (inc Masters)	2.10 pm	2.40 pm

Young Athletes Lap 2,500 metres
 Seniors Lap 4,000 metres



**Young Female Athletes
3 X 2,500metres
Race Starts 12.30pm**

2008 Champions Dundee Hawkhill Harriers

Aberdeen AAC

Team Nos 64

U13 Lucy McLeod

U15 Eilidh Prise

U17 Kerry Prise

Central AC

Team Nos 65,66,67,68,69,70,71

U13 Jennifer Downie

Charlotte Tilley

Isla Burns

Sophie Parsons

Amy Gullen

Laura Clarke

Eilidh MacCorquodale

Tara Walls Lisa Hardman

Roisin Bonucchi

Kathryn Gillespie

Roanna Fraser

U15 Christina Fairley

Emily Greenan

Farren Parkins

Stacey Hardman

Amy Hendry

U17 Julie Cook

Rachel Adamson

Shona Buchanan

Rosie Hastings

Corstorphine AAC

Team Nos 72

U13 Abbie Malone

U15 Lisa Christy

U17 Eilidh Nolan

Edinburgh AC

Team Nos 73,74,75,76,77,78

U13 Alexandra Hunter

Emily Strathdee

Hannah Cameron

Rosie Wilson

Georgina Loudon

Claire Prentice

Sarah Sommerville

Heide Biberach-Laidlaw

Joanna Prentice

U15 Caitlin Gray

Rachael Dunn

Emma Dunnett

Oonagh Dunnett

Anna Hyde

Olivia Mackenzie

Olivia O'Hare

Tannera Reid Tatiana Spens

Blair Wood

Eilidh Thomson

Rosanna Stewart

U17 Samantha Blair

Emily Dudgeon

Laura Robertson

Ailsa Bruce

Louisa Stewart

Falkirk Victoria H

Team Nos 79,80

U13 Kelly Bissett

Natalie McLeod

U15 Jane Ainslie

Katherine Mitchell

U17 Sarah Hamilton

Hazel Murray

Abby Kemp

Fife AC

Team Nos 81,82,83,84,85,86

U13 Rosabel K Kilgour

Ailsa Cruickshanks

Aimee Barclay

Eve Primmer Eilidh Smyth

Rachel Kirby

U15 Laura Gibson

Kerry Gibson

Robyn Graham

Stephanie Pennycook

Fiona Cruickshanks

Jill Geyer

Flora Ogilvy

U17 Halina Rees

Olivia Collison-Owen

Grace Collison-Owen

Jennifer Cruickshanks

Lucy Duff

Elaine Cairns

Gala Harriers

Team Nos 87

U13 Fionn Brown

U15 Kerry Sandilands

Martha Douglas

Emily Jones

Hannah Jones

U17 Lucy Henderson-Morris

Haddington ELPU13 Rachel WatsonU15 Emily Baxter Katie Watson**Team Nos 88****Lasswade AAC**U13 Dawn McKimmie

Sally Redpath

Sophie Miller

U15 Amy Frankland

Fiona Matheson

Rachel Wyse

U17 Madeleine Sweeney-Baird**Team Nos 89**

Hannah Forbes

Amy Smith

Lothian RCU13 Bethany Nelson

Alice Horsburgh

Lauren Arbuckle

U17 Lana TurnbullU15 Isla Bruce

Marie McLaughlin

Team Nos 90,91**Musselburgh AC**U13 Beth HowardU15 Kerry Morris

Linzi Moffat

Team Nos 92**Perth Strathtay**U13 Jessica ZajdaU15 Iona Tavendale

Emily Tait

Team Nos 93**Pitreavie AAC**U13 Amy McAlpine

Chloe Nethery

Yasmine Ben El Hassan

Katey Turner

U15 Eilidh Reid

Rachel Hunter

Micaela Brown

Louise Russell

Sara Eydmann

Naomi Fox

U17 Kathryn Pennel

Lisa McAlpine

Paige Graham

Team Nos 94,95,96

Vhairi McAtear

Katie Reid Rose Fagan

Olivia Clark Megan Kirk

Teviotdale HarriersU13 Mhairi Inglis

Emma Cockburn

Sarah Brown

Leah Dickson

U15 Louise Mercer

Catherine Mercer

Elidh Inglis

Team Nos 97,98,99

Lisa Thomson

EAST RELAY VENUES**2009 Prestonpans****2008 Prestonpans****2007 Dunfermline (Dulloch Park)****2006 Dunfermline (Dulloch Park)****2005 Edinburgh (Corstorphine Hill)****2004 Kelso****2003 Kelso****2002 Galashiels****2001 Edinburgh (Corstorphine Hill)****2000 Cupar****1999 Edinburgh (Corstorphine Hill)****1998 Cupar****1997 Hawick****1996 Perth****1995 Gorebridge**

1994 Galashiels

1993 Cupar

1992 Edinburgh (Jack Kane Centre)

Young Male Athletes
3 X 2,500metres
Race Starts 1.05pm

2008 Champions Edinburgh Athletic Club

Aberdeen AAC

Team Nos 100,101

<u>U13</u> Charlie Allardes	Alasdair Lowe	
<u>U15</u> Alec I Young	Oliver Hay	Robert N Walton
<u>U17</u> Lewis Coffin		

Banchory Stone

Team Nos 102

U13 Ewan Mcmillan
U15 Daniel Rees
U17 Michael Ferguson

Carnegie H

Team Nos 103

U13 Sandy MacDonald
U15 Fergus McGaw
U17 Callum Francis

Central AC

Team Nos 104,105,106,107,108

<u>U13</u> Domenico Angiolini	Jack Kerr	Michael McCabe	Cameron Taylor
Kieran Potter	Malcolm English	Gary MacFarlane	Matthew Crawford
<u>U15</u> Gordon Milne	Alexander Semple	Sam Fraser	Kyle Petrie
<u>U17</u> Ross Milne	David MacKinlay	Roddy Irvine	Christopher Clarke
Scott Green	David Hutchison		

Corstorphine AAC

Team Nos 109,110,111

<u>U13</u> Alexander Wilkie	Rory Henderson	Calum Simpson	
<u>U15</u> Michael Addisonn	Connor Johnston	Sandy Robson	Craig Nolan
<u>U17</u> Callum Smith	Jack Williams		

Edinburgh AC

Team Nos 112,113,114,115,116,117,118,119

<u>U13</u> Josh Kerr	Robert Bough	Dominic O'Hare	Struan Graven Sean Stout
Murray Blair	Calum Robertson	Jacob Hunter	Cameron Gilmour
Michael Hudson			
<u>U15</u> Jake Kerr	Ruaridh Miller	Gregor Burns	Jack Harrison
Michael Cameron	Ciaran Turton	Matthew Grundy	Andrew Loudon
Amil Mair	Fredrik Smith	Tafadzwa Msenengezi	
<u>U17</u> Marcus Cram	Adam Jack	Marc Robson	Jake Wightman
Sam Wightman	Peter Loudon	Angus Inwood	Peter Cameron
Nikhil Mair	Callum Wilson		

Fife AC

Team Nos 120,121,122,123,124,125

<u>U13</u> Logan Rees	Tom Harris	James Pennycook	Fergus Ingledew
Glen Gardiner	Angus Proudfoot	Matthew Robb	
<u>U15</u> Euan Berry	Euan Paton	James Killeen	Bruce Millar
Fraser Haldane	Liam Sleigh	Jack Robb	
<u>U17</u> Ryan McIntosh	Adam Harris	Liam Hutson	Cameron Thomson-Duncan

Tom Knox

Callum McCracken

Haddington ELP

U13 Innes Ogilvie

U15 Robin Simpson

Kyle Dunlop

Team Nos 126

Lasswade AAC

U13 Ian Lawson

Kyle A Mackenzie

U15 Ewan Bathgate

Calum A MacKenzie

U17 Ross Matheson

Jamie Cousin

Lewis Black

Ross Henderson

Adam Lyon

Ross McEwan

Gareth Fleming

Ross Millar

Team Nos 127,128

Callum Grahame

Callum Clark

Perth Strathtay

U13 Michael Gillespie

Simon Jardine

U15 Alex Jardine

Jacob Lewis

Euan Holmes

Cameron Ritchie

Andrew Forsyth

Team Nos 129,130

Alastair Woodhead

Patrick Gillespie

Pitreavie AAC

U13 Aidan Thompson

U15 Scott McAlpine

U17 Gary Stewart

Jake Beveridge

Liam Young

Allan Smith

Rory Fulton

Robbie Cuthbert

Team Nos 131

Stewart Soutar

Teviotdale Harriers

U13 Jason McIntosh

U15 Dylan Mitchell

U17 Mark McEwan

Harry Marshall

Charlie Marshall

Keith Learmonth

Team Nos 132,133

Senior/Junior Women
3 X 4,000metres
Race Starts 1.40pm

2008 Champions Central Athletic Club

Aberdeen AAC

Sonia Armitage
Veronique Oldham

Rachel Armitage
Pamela Tosh

Laura Mahady

Jade Halket

Team Nos 134,135
Paula Davies

Carnegie H

Fabienne Thompson
Yvette Wilson
Linda James
Lynne Bennet
Kate McKinnon
Lynne Kuz

Isobel Burnett
Helena Sim
Susan Cederstrom
Kirsty Baird
Judith Turner

Morna Fleming
Gillian McCracken
Julie Humphreys
Susan Walker
Valerie MacAulay

Team Nos 136,137,138

Gail Murdoch
Catriona Taylor
Lesley Halstead
Catherine Wilson
Pauline Walker
Mehrmaz Campbell
Alison Whyte
Angela Wallace
Maryanne Lawrence
Fiona Rennie

Central AC

Claire Houston
Morag MacLarty
Jennifer Emsley
Katie Whitehouse

Emma Raven
Fiona Kelsall
Dawn Kerr
Mary Kerr

Jane Waterhouse
Ainsley Normand
Sarah Wiseman

Team Nos 139,140,141,142,143

Alison Docherty
Claire Brisbane
Isla Campbell
Fiona Thompson
Catriona Buchanan
Kayleigh McGurk

Corstorphine AAC

Megan Smith

Gillian Carr

Susan Johnston

Team Nos 144

Dunbar R C

Anne Hay

Jane Timms

Theresa Leslie

Team Nos 145

Edinburgh AC

Karen Dobbie
Jennifer MacLean
Joanne Whitehead
Niamh Devlin

Katja Eravisto
Debra Murray
Susan Ridley
Vicky Frew

Sarah Hood
Lauren Stoddart
Laura Goodson
Catherine Ferry

Team Nos 146,147,148,149

Lianne Logan
Joanne Thom
Kim Threadgall
Emily Stewart
Victoria Lomax
Marietta Beal
Lucy Colquhoun

Falkirk Victoria H

Lorna Dewar

Christine Eadie

Elaine Thomson

Team Nos 150

Ferranti AAC

Claire Gilchrist

Elizabeth Gilchrist

Siobhan Sellar

Julia Drewer

Team Nos 151

Fife AC

Sandra Aitken
Sarah Cullen
Liz Killean
Sarah McHugh
Irene Pennycook
Helen Sharpe
Fiona Walker

Fiona Bracegirdle
Hester Dix
Anita Laidlaw
Amy McKimme
Louise Provan
Lorna Sibbett
Morgan Windram-Geddes

Innes Bracegirdle
Catriona Duncan
Sarah Legge
Margaret McLaren
Hilary Ritchie
Catharine Sinclair

Team Nos 152,153,154,155,156

Lorraine Brown
Angela Howe
Phyllis Lemoncello
Sophie Mullins
Sandra Robertson
Susan Thomson
Louise Burt
Jennifer Kibble
Anne Lloyd-Evans
Morgan Murphy
Jocelyn Scott
Sandra Tulloch

Gala Harriers

Margot Crosbie
Dianne Lauder

Gillian Duncan
Eileen Nicol

Rachel Fagan
Fiona Shepherd

Angela Foss

Team Nos 157

Dawn Grant

Haddington ELP

Julie Oswald

Ruth Watson

Judith Donaldson

Claire Simpson

Team Nos 158**Hunters Bog T**

Emma Baker
Miranda Grant
Deborah MacDonald
Alison C McNeillage
Janice Smith
Megan Wright

Jessica Batterham
Jane Hart
Morag McCracken
Phyllis Mitchell
Rosie Smith
Sula Young

Carrie Craig
Kate Jenkins
Shona McIntosh
Megan Mowbray
Margaret Spalding

Team Nos 159,160,161,162

Aileen Fletcher
Alison Johnston
Eilis O'Neill
Fionn Nairn
Claire Ward
Claire Gordon
Isobel Knox
Sandra Rathjen
Eilidh Wardlaw

Lasswade AAC

Kiera Murray
Wilma Kerr

Kathryn Peacock
Johanne Turnbull

Lorna Rice
Ann Edgar

Hilary Smith
Nicola Bird

Team Nos 163

Jill Bonthron

Lothian RC

Saran Jones
Mhairi Inglis
Kate Kitchin

Edel Mooney
Rosemary Ewing
Lorna Eades

Jill Horsburgh
Christine Milne

Sarah Inglis
Lucy Galloway

Team Nos 164,165

Jocelyn Moar
Helen Murray

Teviotdale Harriers

Pamela Paxton

Catriona M Young

Donna Inglis

Sylvia Grieve

Team Nos 166,167

Senior/Junior Men **3 X 4,000metres** **Race Starts 2.40pm**

2008 Champions Central Athletic Club

Aberdeen AAC

Benjamin Hukins
Cameron Strachan
Peter Mutch

Mark Haskett
Rory Leslie
Tai Jericevich

Ross Fulton
Frank Boyne

James Joy
Bob Thornhill

Team Nos 1,2,3

Darren Shinnie
Keith Charlton

Carnegie H

Ian Johnston
Calum McGaw
Kenny MacDonald
Stephen Greer
David MacLean
Nicholas Weir
Scott Bradley
Mike Harvey

Ian Stewart
Thomas Lawrence
Paul Arnott
Niall Wilson
Tim Walker
Robbie McKenzie
Roger Clark

Lewis Lawson
Steven Ogg
Iain Taylor
John Lambie
Michael Cowie
Andrew James
John Fulham

Allan Fotheringham
Steven King
Colin Reid
Douglas McGarry
Alan Cockburn
Simon Plummer
Alan Manson

Team Nos 4,5,6,7

Andrew Wright
Robert Milton
Campbell Hutt
Dennis Howett
Peter Humphreys
Andrew Symonds
Allan Brannigan

Central AC

Gordon Adam
Robert Brown
Kyle Cowie
David Eiser
Roger Greenaway
Alexander Hendry
Robert Hutchison
Adrian Loudon
Jamie McDonald
John Millar
Fraser Purves
Philip Sweeney
Philip Williams

Alasdair Anthony
Hugh Buchanan
Dqavid Devlin
Alan Gall
Allister Hargreaves
Will Hensman
Ewan Jack
Murray MacLarty
Ian McDonald
Lewis Millar
Sean Reilly
Jonathan Tolson
Robert Wiseman

David Armour
Andrew Butchart
John Dickson
William Gault
Graham Harvey
Brian Hodge
Hugh Kerr
Sandy MacLarty
Scott McDonald
Alex Milne
Robert Russell
Andy Turnbull
Michael Wright

Team Nos 8,9,10,11,12,13,14

Thomas Ashby
Cameron Campbell
James Drummond
Stewart Gracie
Alastair Hay
Ross Houston
Steve Laing
Stephen McArthur
George McHardy
Simon Nash
James Spalding
Craig Walker
Christopher McHardy

Jack Beattie
Richard Coombs
David Eckersley
Robert Graham
Philip Hendry
Alan Hume
David Lindsay
Liam McCabe
Miguel Merayo
Gavin Noble
Robert Steel
Stuart Watson

Corstorphine AAC

Scott Pilkington
Keith Hood
Kris Berry
David Henderson
Nicholas Brown
Alex Cumming
Kenneth Stewart

Calum McKenzie
Grant Wilkie
Douglas Selman
Martin Caldwell
Bruce Malcolm
Nigel Lamb
Martin Hulme

Christopher O'Brien
Dermot Cummins
Tom Ferrington
Steven Blair
Michael Anderson
Ronald Nolan
John Christy

Team Nos 15,16,17,18,19,20,21,22

Steven O'Brien
David Simpson
Fraser Scott
David Colman
Graeme Fletcher
Timothy Norwood

Bryan Clark
Ewan Stark
Dean Carr
Chris Peggie
Shaun Cavens
Scott Williamson

Dunbar R C

Lee Curtis
Richard Taylor

Ian Rowland
Grant Noble

Stuart Hay
Steve Pattison

Ian Sills

Team Nos 23,24 frank weissgerber

Edinburgh AC

Roger Alsop
O Bristow
William Gallacher
Keith Lyaal
Alex MacEwen
Adam Priestley
Darren Steel
S Wales

Dermot Bailie
Graeme Brown
K Graham
Scott Logan
S Macleod
Callum Reid
Eric Stevenson

Graham Beal
Andrew Crichton
Brian Howie
Juan Mareque
Roy Mitchell
Neil Renault
Rees Taylor

Team Nos 25,26,27,28,29,30,31

Matthew Bell
N Dickson
Andrew Laycock
Fraser Mann
Nigel Munro
R Riddell
Adam Ward

Neil Calder
M Fraser
Seamus Keely
Richard Meade
Ryan O'Hare
Tom Ryan
Jonathan Whitehead

Falkirk Victoria H

Stuart Douglas
Barry Paterson

Colin D Thomson
Alex Watson

Mark Donnachie
Anthony Devlin

Team Nos 32,33,34,35

John Denholm
Andrew Gibson

David Bunyan
Michael McQuaid

Stephen Moore John Stevenson Ferranti AAC Edward McDonald Robert Miller Kenny Moore Fife AC Bryce Aitken Ken Berry James R. Close David Francis Alasdair Hood John Kay Donald Lothian Alan McLeod Terry Mitchell Steven Pennycook Ryan Ritchie Christopher Russell David Shepherd John Thomson Gala Harriers Derrick Brydon Euan Jardine William McCulloch Haddington ELP Paddy McDonald James Baird Harmony AC Robert Turner Paul Thompson Hunters Bog T Duncan Baker Ian Campbell Norman Gould John MacPherson Peter McClelland Rupert Nash Mark Roberts William Townsend Lasswade AAC Scott Anderson Barney Phillips Lothian RC Kenton Jones Ian Hall Harry Mulholland Mark Kassyk Robin Morris Musselburgh AC Gordon Eadie Pitreavie AAC Barry Davie Neil MacLachlan Paul McCloskey Teviotdale Harriers Raymond Jaffray Colin Welsh	Alexander Davidson Alexander Bryce Grant Sellar Iain Shaw Alex Bell Gary Barker George Black Adrian Davis Mark Harris Andrew Hood John Keenlyside Matthew MacPherson Kenneth Mcleod Ronald Morrison Gary Pirie Paul Roarty Eddie Sanders David Sleigh Jez Tomlinson Martin Clarke Alistair Laurie Graeme Murdoch Frank McPartland Paul Houston Iain Morrice Tom Barr Daniel Fairlie Alistair Hart Will Mair Alisdair Millan Donald Naylor Andy Sims Richard Wall Richard Connor Niall Sheehan Scott Nelson Alan McIntosh James Alexander Robin Lickley David Mumford Tony Segall Jeff Farquhar Archibald Duncan Craig Grieve Alister Biggar	John Martin James Stevenson Trevor Ridley John Gavin Derek Burgess Graham Bee Andrew Brierley Chris Dibben Connor Hawkins Jacob Howe Graham Kirby Neil Martin Ron Mill John Murdoch Frank Popham Alastair Robertson D.Melville Scobie Bill Smith David Weir Alan Goodson Anthony Lunn Magnus Inglis Sandy Wallace Alan Kerr Kenneth Tindall Stewart Barrie Dave Fulton Craig Hunter Paul Manson Billy Minto Ivor Normand Murray Strain Ray Ward Ross Finlayson Ben Mitchell Colin Banham Alastair Robertson David Eades Alex Agnew Craig Wilson Alasdair Donaldson Colin Beveridge Alan Inglis Alan Coltman	Andrew Ronald Keith Weston Alex Jackson Team Nos 38,39,40,41,42 Daryl Beggs Colin Brown Steven Doig Ian Hawkins Martin Hutson Martin Laing Tony Martin Andrew Milne Daniel Newman Davie Pugh Douglas Robertson Tom Scott David Smyth Neil Young Malcolm Gowans Gregor McAneny Iain Bell Callum Reid Jon Carpenter Team Nos 48,49,50,51,52 Daniel Beckett Daniel Gay Jim Jarvis Ian Marshall Geoffrey Mitchell Christopher Oliver Joe Symonds James Williamson Colin Menzies Zack Boukelia Team Nos 54,55,56,57 Darren Thomson Darren Unwin Robin Galloway Ross Milne Alexander Oliver Craig Robertson Graeme Crane Iain Williams Norman Taylor	David Hart Team Nos 36,37 Keith Nicol Walter Fairnie Graham Bennison Mark S Buchan Simon Fox Joe Holden Alex Jones Stewart Leckie Frank McLaren Michael Mitchell Geoff Pennycook Roger Rees Craig Ross Dave Shepherd James Taylor Team Nos 43,44 David Hunter Robert McCrirrick Team Nos 45 Eddie Balfour Team Nos 46,47 Gavin Orr Steven Cairns Allan Gordon Huw Jones Craig A McBurney Philip Mowbray Jon Rathjen Jamie Thin David Wright Team Nos 53 Daniel Mulhare Neal Drummond Jim Salvage Robert Inglis Mike Lieberman Team Nos 58 Team Nos 59,60 Sean McQueen Andrew Le Good Team Nos 61,62,63 Wayne McIntosh
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